



THE CANADIAN DENTAL
HYGIENISTS ASSOCIATION
L'ASSOCIATION CANADIENNE
DES HYGIÉNISTES DENTAIRES



DISCOVER

CDHA National Conference 2019
October 3-5 | St. John's, Newfoundland & Labrador

Registration Now Open!

www.cdha.ca/conference





CDHA President's Welcome

Tracy Bowser, RDH, DipDH, DipDT

On behalf of the Canadian Dental Hygienists Association (CDHA) board of directors, I would like to invite you to beautiful St. John's, Newfoundland and Labrador, for CDHA's 2019 national conference. We hope you will join us from October 3 to 5 as we "DISCOVER" new knowledge on a wide range of oral health topics presented by internationally recognized speakers and reconnect with colleagues from across the country. The unique landscape of Canada's most easterly point is sure to entice you with its icebergs, whales, seabirds, and wildlife! I look forward to sharing these many opportunities for discovery with you!

Preconference Workshops

Thursday, October 3 | 8:00 am – 4:00 pm

Join your colleagues for a dynamic learning and networking opportunity. Full-day registration includes a light breakfast and hot lunch; half-day registration includes one meal only.

Conference – October 3–5

Thursday, October 3 | 5:00 – 9:00 pm

Browse the peer-reviewed poster presentations and connect with more than 35 exhibitors during our ever-popular welcome reception in the exhibit hall, sponsored by BMO.

Friday, October 4 | 6:45 – 8:15 am

Start your day of discovery with an inspirational presentation, sunrise breakfast, and networking opportunity sponsored by Crest + Oral-B.

Friday, October 4 | 8:30 – 10:00 am

Join us for the opening plenary, sponsored by PHILIPS, featuring keynote speaker Karen Raposa, who will share her expertise and insight in working with special needs clients.

After the morning break, enjoy a full day of educational sessions, a new product showcase, and time in the Exhibit Hall (including a complimentary buffet lunch) before ending your day in style at the Rally in the Alley!*

*additional cost

Saturday, October 5 | 8:00 am – 4:15 pm

Learn about CDHA's latest initiatives and accomplishments over breakfast at the annual general meeting (AGM), choose from five morning educational sessions, and celebrate success at the awards luncheon sponsored by TD Insurance. In the afternoon, continue your journey of discovery at our peer-reviewed oral presentations.

One-Day Registration (choose one)

Friday, October 4 | 8:30 am – 5:30 pm

*excludes Sunrise Breakfast

or

Saturday, October 5 | 8:00 am – 4:15 pm

Early Bird Specials!

Registration Now Open

- The first 150 registrants will receive a mini curette, courtesy of Paradise Dental Technologies.*
- Register **before August 28 and save up to \$135.**

With your conference registration, you could earn more than 10 professional development hours!



PARADISE DENTAL TECHNOLOGIES

	Preconference (Half Day) October 3	Preconference (Full Day) October 3	Conference October 3–5 (excludes preconference workshop)	One-Day Registration October 4 or 5
CDHA Member	\$75	\$150	Early Bird \$415 Regular \$550	\$250
CDHA Student Member	–	–	Early Bird \$275 Regular \$300	–
Non-Member	–	\$250	\$650	–

Prices listed are Canadian dollars. All prices are subject to 15% HST. All conference fees are non-refundable and non-transferrable.

*Curettes will be distributed at the conference.

Preconference Workshops

Thursday, October 3

Morning Sessions (choose one)

**A Better Debridement Protocol:
Finally, An Approach That Makes Sense**
Timothy Donley, DDS, MSD



**Making White Spot Lesions a Thing
of Orthodontic Past!**

Irene M Iancu, BSc, RDH, CTDP



Afternoon Sessions (choose one)

Implant Survival: It's in Your Hands!
Anna Louise Tolan, RDH, FADIA



Interim Stabilization Therapy Orientation
Melanie Martin, RDH, MA



Exhibit Hall

Conference registrants can view new products, speak to company representatives, and connect with dental hygienists from across the country!

Thursday, October 3 | 5:00 – 9:00 pm
Welcome reception and tradeshow



Friday, October 4 | 7:45 am – 2:30 pm
Tradeshow and buffet lunch

Sunrise Breakfast

Friday, October 4 | 6:45 – 8:15 am

Celebrate the profession of dental hygiene at the Crest + Oral-B Sunrise Breakfast.



You'll be empowered and inspired by our panel presentation and will leave feeling #hygienistproud. **Spaces are limited so register early!**

Educational Program

Friday, October 4

Morning Sessions (choose one)

The Contemporary Client

Ann Eshenaur Spolarich, RDH, PhD, FSCDH



Silver Diamine Fluoride: Should I Use it in My Practice?

Julie Farmer, RDH, MSc

Product Showcase: Ten for Ten!

Hear presentations from 10 companies on their new and updated products for the dental hygiene profession. Special product samples will be available for all participants. **Spaces are limited so register early!**



Opening Plenary

**The Special Client with Autism
and/or Anxiety: How You Can Help**

Karen A Raposa, RDH, MBA

Friday, October 4 | 8:30 – 10:00 am

PHILIPS

Get ready to laugh, learn, and perhaps even cry with Karen Raposa, a passionate professional whose personal insight into autism, coupled with her real world understanding of clinical challenges, offers a unique perspective on working with special needs clients. Learn creative techniques that will ensure successful dental hygiene appointments for clients living with anxiety or autism.

Afternoon Sessions (choose one)

**Your Personal Journey Towards Workplace Wellness:
Overcoming Your Top Ten Internal Struggles**

William Nippard, RDH

**New Periodontal Disease Classification System:
Implications for Dental Hygiene Education & Practice**

Ann Battrell, MSDH

Dentistry's Role in Recognizing Abuse & Domestic Violence

Frank M Stechey, BA, DDS, FAAFS

**Independent Dental Hygiene: Challenges and
Opportunities**

Panel Presentation and Connections Café



Saturday, October 5

Morning Sessions (choose one)

**Vaping, Tobacco, and Tobacco Cessation:
Current Status and Latest Findings**

Fiona M Collins, BDS, MBA, MA, FPFA



**Going to Pot: Weeding Out Potential Benefits and Dangers
of Cannabis Use**

Betsy Reynolds, RDH, MS

PHILIPS

**Dental Hygienists and the Role of an IAOM-Certified
Orofacial Myologist**

Dianah Davidson, BS, RDH, COM®

Member & Family Assistance Program Orientation Session

Michelle Greene, MSW

Information is subject to change.



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Rally in the Alley Social Event

Experience the night life on infamous George Street in downtown St. John's. Details to come!*

*additional cost



Plan Your Trip!

The Venue

The conference will be held at the St. John's Convention Centre. With a direct link to the Delta Hotel by Marriott, this recently expanded facility is within minutes of the heart of St. John's! Visit their website at www.sjcc.ca.



Peer-Reviewed Program

Using a blind peer-review process, the Abstract Review Committee will select the highest quality poster and oral presentations for this year's conference. Session details will be available at cdha.ca/Conference once the peer-review process is complete in June 2019.

Poster Presentations

Thursday, October 3 | 5:00 – 9:00 pm

Friday, October 4 | 7:45 am – 2:30 pm

Oral Presentations

Saturday, October 5 | 2:15 – 4:15 pm

Thank You to Our Sponsors



Accommodations

The Delta Hotel by Marriott adjoins the St. John's Convention Centre. A discounted room block is available for registrants and exhibitors until **Friday, September 6, or until the room block sells out.** Please reserve early.

Delta Hotel by Marriott

120 New Gower Street
St. John's, NL
709-570-1608

Reservations: cdha.ca/confhotel

Getting Here: Air, Land or Sea

Air Travel

WestJet – Use coupon code **L27DM71** for travel between September 26 and October 14 at www.westjet.com/conventions

Note: If using a travel agent, please use promo code: **WHH68**.

Porter – Use promo code **CDHA19** for travel between October 1 and October 7. Book by October 3.

Land Travel

Enterprise – Use your existing member discount and receive 5% off Enterprise car rental bookings!

National – Use your existing member discount and receive 10% off National car rental bookings!

Sea Travel

For information regarding local ferry service call 1-800-563-6353.

cdha.ca/Conference